



The Lectio Course: Session Two | Read: Hearing God in the Bible

***Part One: Group Reflection Questions (10-15 minutes)***

1. What did you find most helpful or most challenging in the video?
2. How does God typically speak to you? Does this tell you anything about the way you may be wired to hear?
3. Pete says when it comes to hearing God the Bible is the primary way in which he speaks. What do you love about the Bible and how do you best engage with it?
4. George Gallup called the Bible the best-selling, least read book. Why don't we read the Bible more?
5. How comfortable do you feel reading the Bible prayerfully and intimately, rather than studying it for information?
6. Pete's illustration with the picture frame was a challenge to view the whole of life through the life of Christ. Thinking about a difficult situation you're facing, is there a verse or promise that might help the way you see it?
7. Helen Berhane said that Christianity is only hard when we don't hear God, or only half hear him. Describe the last time God spoke to you – how did it impact your faith?
8. What one thing will you do differently because of this session?

***Part Two: Practical prayer activity (10-15 Minutes):***

Try reading the Bible prayerfully as a group, using the four steps of Lectio Divina to reflect on Jesus' teaching about hearing God's voice:

**Read:** [Mark 4:35-41](#)

How to do the Lectio Divina as a group:

**Read (Lectio):** Read the passage out loud, reflecting on the passage as you read.

**Meditate (Meditatio):** Read the passage again, and encourage each member of the group to say out loud one word or phrase that jumped out to them (the same word or phrase can be repeated by different people).

**Pray (Oratio):** Read the passage again, and allow space for members of the group to pray out short prayers related to the themes, words or phrases of the passage.

**Contemplate (Contemplatio):** Read the passage a final time, and sit quietly to reflect individually. Each member of the group might like to ask themselves the question, "what's the one thing from this passage I will take into my week?"